



**TRUFORM  
SURGERY**  
FACIAL | ORAL | COSMETIC



## Before Sedation

You will be given medications for sedation during your surgery. For your **safety**, it is important you follow the instructions below.

**DO NOT** have anything to eat *or* drink for 8 hours prior to your appointment time. This includes all food, water, beverages, candy and gum.

You must have **an escort** who is a responsible adult that can drive you to surgery and home from surgery. Your escort will need to stay at the office for the duration of your procedure.

Wear **loose fitting clothing**. We recommend you wear **dark colors** and **short sleeves**. Do not wear makeup or jewelry.

Remove all **dark colored** nail polish and acrylic or gel nails prior to your appointment. It can interfere with monitoring your oxygen levels.

**Females:** if there is any chance you may be pregnant, we recommend you take a home pregnancy test the day prior to your sedation appointment. The medications used for sedation can cause preterm labor, birth defects and spontaneous abortion.

If you have experienced an **upper respiratory tract** infection with runny nose, productive or dry cough, please **call the office** to let us know. For your safety, we may need to alter your sedation plan or postpone your surgery until your body fully recovers.

*Please call the office if you have any questions about these instructions prior to your appointment.*



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